

HSEP 2008 Camper Packing List

On a typical camp day, you will be dressed in jeans or shorts, HSEP camp T-shirt, athletic socks, and tennis shoes.

We will provide three (3) HSEP T-shirts to be worn every day during camp and will launder them as needed. Please bring extra HSEP T-shirts from prior years (if you have them) for the rest of the week as all campers will be required to wear camp T-shirts all week. Use a laundry marker to <u>mark all clothing & personal belongings BEFORE</u> coming to camp. Please bring only ONE (1) suitcase, as storage is limited.

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1-2 T-shirts with no offensive logos (no midriff shirts, low-cut, muscle shirts, tank tops, space >> Bring your past years' camp T-shirts – these will be acceptable to use as "backup" T-s 4-5 pairs of shorts or Capri pants – modest (no short shorts, spandex, bicycle shorts, etc. 1-2 pairs denim jeans* (no low riders, hip huggers, droopy pants, etc.) – bring a belt to 1-2 long-sleeve shirts for activities* 1 Camouflage-type outfit (shirt/pants, etc.), or dark clothing, and face paint for a special a Swimsuit Girls: modest one-piece or tankini style two-piece suits, no bikinis or cotton board shorts Water shoes (optional) Sleepwear/pajamas 1 light jacket and/or 1-2 sweatshirts 1 raincoat/poncho 7-8 sets of underwear 7-9 pairs of white athletic-type socks 2 pairs athletic shoes (one pair that can get dirty and/or wet – such as during paintball) 1 hat or baseball cap (no dew rags, bandanas, etc.) 1 set of nicer clothes (dressy/casual) for final banquet	aghetti straps, etc.) shirts <<) o hold up your pants!
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	w-cut shirts/dress,
or paintball you must wear long-sleeve shirts and long pants that you don't mind getting so	iled.
dding/Linens to Bring	
	DO NOT Bring
, , ,	Valuables such as expensive
	jewelry, digital cameras, etc.
·	 iPods, stereos, radios
Toiletries: such as soap, shampoo, toothpaste, deodorant, etc., in container/bag Medications, inhalers, EpiPens, etc. (enough for at least one week) labeled with your name and stored in a separate zip-lock bag from other items. <i>All medications, including vitamins, must be turned in upon arrival and dispensed by health care personnel.</i> Bible, notebook, and pen Water bottles (no glass bottles) Backpack Plastic garbage bags or laundry bag for dirty clothes Sunscreen Insect repellant Sunglasses Flashlight and new batteries Disposable camera (optional)	 (including clock radios), MP3 players, CD players, etc. Rollerblades or skateboards Cell phones, pagers, etc. (cel phones, etc. brought to camp must be turned in to the office for the week) Food, soda, or candy - it cannot be kept or eaten in the dorm Cigarette lighters, matches, etc. Guns, knives, weapons, tobacco products, etc.
Small amount of cash for snacks & memorabilia at the camp store (optional) Phone card (optional) Sheet music, recorded accompaniment, or musical instrument (optional) Talent show props, music, costumes, materials, equipment, etc. (optional)	 Illegal or illicit drugs Paintball gear (gun, mask, etc.)
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