

HSEP 2008 Camper Packing List

On a typical camp day, you will be dressed in jeans or shorts, HSEP camp T-shirt, athletic socks, and tennis shoes.

We will provide three (3) HSEP T-shirts to be worn every day during camp and will launder them as needed. Please bring extra HSEP T-shirts from prior years (if you have them) for the rest of the week as all campers will be required to wear camp T-shirts all week. Use a laundry marker to mark all clothing & personal belongings BEFORE coming to camp. Please bring only ONE (1) suitcase, as storage is limited.

Clothing List (please bring modest clothing – we don't want to see your stomach or underwear)

- 1-2 T-shirts with no offensive logos (no midriff shirts, low-cut, muscle shirts, tank tops, spaghetti straps, etc.)
>> *Bring your past years' camp T-shirts – these will be acceptable to use as "backup" T-shirts <<*
- 4-5 pairs of shorts or Capri pants – modest (no short shorts, spandex, bicycle shorts, etc.)
- 1-2 pairs denim jeans* (**no low riders, hip huggers, droopy pants, etc.**) – *bring a belt to hold up your pants!*
- 1-2 long-sleeve shirts for activities*
- 1 Camouflage-type outfit (shirt/pants, etc.), or dark clothing, and face paint for a special activity
- Swimsuit
 - Guys: no Speedo-type shorts**
 - Girls:** modest one-piece or tankini style two-piece suits, **no bikinis or cotton board shorts**
- Water shoes (optional)
- Sleepwear/pajamas
- 1 light jacket and/or 1-2 sweatshirts
- 1 raincoat/poncho
- 7-8 sets of underwear
- 7-9 pairs of white athletic-type socks
- 2 pairs athletic shoes (one pair that can get dirty and/or wet – such as during paintball)
- 1 hat or baseball cap (no dew rags, bandanas, etc.)
- 1 set of nicer clothes (dressy/casual) for final banquet
 - Guys:** khaki pants, dress shirt, dressy/casual shoes
 - Girls:** modest dress or skirt and dressy shirt (**no mini skirts, no spaghetti straps, no low-cut shirts/dress, no halter tops, no backless dresses/blouses, etc.**), dressy/casual shoes

* For paintball you must wear long-sleeve shirts and long pants that you don't mind getting soiled.

Bedding/Linens to Bring

- Sleeping bag or linens, blanket and pillow
- 2-3 towels and washcloths
- Beach towel for use at pool

Personal Items to Bring

- Toiletries: such as soap, shampoo, toothpaste, deodorant, etc., in container/bag
- Medications, inhalers, EpiPens, etc. (enough for at least one week) labeled with your name and stored in a separate zip-lock bag from other items. **All medications, including vitamins, must be turned in upon arrival and dispensed by health care personnel.**
- Bible, notebook, and pen
- Water bottles (no glass bottles)
- Backpack
- Plastic garbage bags or laundry bag for dirty clothes
- Sunscreen
- Insect repellent
- Sunglasses
- Flashlight and new batteries
- Disposable camera (optional)
- Small amount of cash for snacks & memorabilia at the camp store (optional)
- Phone card (optional)
- Sheet music, recorded accompaniment, or musical instrument (optional)
- Talent show props, music, costumes, materials, equipment, etc. (optional)

DO NOT Bring

- Valuables such as expensive jewelry, digital cameras, etc.
- iPods, stereos, radios (including clock radios), MP3 players, CD players, etc.
- Rollerblades or skateboards
- Cell phones, pagers, etc. (cell phones, etc. brought to camp must be turned in to the office for the week)
- Food, soda, or candy - it cannot be kept or eaten in the dorm
- Cigarette lighters, matches, etc.
- Guns, knives, weapons, tobacco products, etc.
- Illegal or illicit drugs
- Paintball gear (gun, mask, etc.)