



www.heartlandcamp.org

HSEP 2014 Camper Acceptance Packet Checklist

Enclosed in this acceptance packet are the following:

- Camper Acceptance Letter
- HSEP Information Sheet
- HSEP Map and Directions
- HSEP Packing List
- First-Time Friend Rebate Form***
(if referring a first-time friend)
- Medical History and Release Form***
(with proof of personal medical insurance or insurance waiver)
- Camper Conduct Form***
- Travel Information Form***
- Waiver of Liability for the Salvation Army Eagle Crest Camp***
- Open Activities Sign-Up Form***
- Statement of Account***
- OnTrack Sign-Up Sheet*** (for campers going into 7th, 8th, 9th, 10th, or 11th grade next fall)

**BLUE, GREEN, and
LAVENDER sheets
must be completed
and returned
no later than
June 15, 2014**

* All forms in **bold** should be completed and returned **no later than June 15, 2014**

Some forms are also available on our website at www.heartlandcamp.org

All forms and final tuition payment are due June 15, 2014

Please send all forms and payment to:

Linda Holmes
PO Box 46
Woodhull, IL 61490
Phone: 309-334-2500
moms727@divcominc.net

(turn over for Heartland SEP Camper Packing List)



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HSEP 2014 Camper Packing List

On a typical camp day, you will be dressed in jeans or shorts, HSEP camp T-shirt, athletic socks, and tennis shoes.

We provide HSEP T-shirts to be worn each day during camp and will launder them as needed. You will receive three (3) shirts. Campers are required to wear camp T-shirts all week. Use a laundry marker to mark all clothing & personal belongings BEFORE coming to camp. Please bring only ONE (1) suitcase, as storage is limited.

Clothing List (please bring modest clothing – we don't want to see your stomach or underwear)

- 1-2 extra (previous years) camp T-shirts or shirts with no offensive logos (**NO midriff shirts, low-cut, muscle shirts, tank tops, spaghetti straps**, etc.)
- 4-5 pairs of shorts or Capri pants – modest (**NO short shorts**, spandex, bicycle shorts, etc.)
- 1-2 pairs denim jeans* (**NO low riders, hip huggers, droopy pants, etc.**) – *bring a belt to hold up your pants!*
- 1-2 long-sleeve shirts for activities*
- 1 Camouflage-type outfit (shirt/pants, etc.), or dark clothing, and face paint for a special activity
- Swimsuit
 - Guys: no Speedo-type shorts**
 - Girls: modest one-piece or tankini style two-piece suits, NO bikinis or cotton board shorts**
- Water shoes (optional)
- Sleepwear/pajamas
- 1 light jacket and/or 1-2 sweatshirts
- 1 raincoat/poncho
- 7-8 sets of underwear
- 7-9 pairs of white athletic-type socks
- 2 pairs athletic shoes (one pair that can get dirty and/or wet – such as during paintball)
- 1 hat or baseball cap (no dew rags, bandanas, etc.)
- 1 set of nicer clothes (dressy/casual) for Final Banquet
 - Guys: khaki pants, dress shirt, dressy/casual shoes**
 - Girls: modest dress or skirt and dressy shirt (NO mini skirts, no spaghetti straps, NO low-cut shirts/dress, NO halter tops, NO backless dresses/blouses, etc.), dressy/casual shoes**

* For paintball you must wear long-sleeve shirts and long pants that you don't mind getting soiled.

Bedding/Linens to Bring

- Sleeping bag or linens, blanket and pillow
- 2-3 towels and washcloths
- Beach towel for use at pool

Personal Items to Bring

- Toiletries: such as soap, shampoo, toothpaste, deodorant, etc., in container/bag
- Medications (in original packaging), inhalers, EpiPens, etc. (enough for at least one week) labeled with your name & **stored in a separate zip-lock bag** from other items.
All medication & vitamins, must be turned in upon arrival and dispensed by health care personnel.
- Bible, notebook, and pen
- Water bottles (no glass bottles)
- Backpack
- Plastic garbage bags or laundry bag for dirty clothes (we launder current camp shirts only)
- Sunscreen & Insect repellent
- Goggles for swimming (optional)
- Flashlight and new batteries
- Disposable camera (optional)
- Small amount of cash for snacks & memorabilia at the camp store (optional)
- Phone card (optional) – **cell phones, if brought, will be kept in the office during camp**
- Sheet music, recorded accompaniment, or musical instrument (optional)
- Talent show props, music, costumes, materials, equipment, etc. (optional)

(turn over for Heartland SEP Acceptance Packet Checklist) → → → →

DO NOT Bring

- Valuables such as expensive jewelry, digital cameras, etc.
- iPods, stereos, radios (including clock radios), MP3 players, CD players, etc.
- Rollerblades or skateboards
- **Cell phones**, pagers, etc. (cell phones, etc. brought to camp must be turned in to the office for the week)
- Food, soda, or candy - it cannot be kept or eaten in the dorm
- Cigarette lighters, matches, etc.
- Guns, knives, weapons, tobacco products, etc.
- Illegal or illicit drugs
- Paintball gear (gun, mask, etc.)